

FEMALE TRAVEL PREPARATIONS- SHORT TRIP

THIS PACKING LIST IS FOR FEMALES AND INCLUDES ITEMS FOR BOTH HOT AND COLD WEATHER. IT IS ALSO DESIGNED FOR INTERNATIONAL AND DOMESTIC TRIPS. DISREGARD THE ITEMS THAT DO NOT APPLY.

TRAVEL PREPARATIONS

- RENEW/CHECK PASSPORT
- RECONFIRM/CHECK-IN ONLINE WITH AIRLINE
- CHECK FLIGHT INFO FOR AIRLINE & TIMES
- CHECK BAGGAGE WEIGHTS
- PERSONALIZE LUGGAGE
- INSURANCE: TRIP CANCELLATION/MEDICAL
- CHANGE MONEY
- CHECK LOCAL DESTINATION WEATHER/NEWS

DOCUMENTS, MONEY, TICKETS

- PASSPORT
- VISAS
- DRIVERS LICENSE
- HOTEL/HOSTEL CONTACT INFO
- VACCINATION CERTIFICATE
- HEALTH INSURANCE DOCUMENTS
- RESERVATIONS & ITINERARIES
- COPIES OF TICKETS/PASSPORT/ETC
- STUDENT ID/FHA/INT'L DISCOUNT CARDS

HOME PREPARATION

- WASH CLOTHING
- EMPTY TRASH
- STORE VALUABLES IN A SAFE PLACE
- TURN OFF HEATER/AIR CONDITIONER
- LOCK ALL DOORS AND WINDOWS

VACCINATIONS

- YELLOW FEVER

MONEY

- CASH (FOREIGN & LOCAL CURRENCY)
- EMERGENCY MONEY
- CREDIT CARD/DEBIT CARD
- WALLET

TICKETS, RESERVATIONS

- AIRLINE TICKETS
- RECONFIRM YOUR SPONSORED STAY WITH THE HOTEL/RESORT

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BAGS, CASES, AND PACKING

- CARRY-ON BAG (SMALL BACK-PACK) BACKPACK
- LUGGAGE TAGS

CLOTHES: BASICS

- BRAS
- UNDERWEAR
- SOCKS (THIN COTTON, THERMAL, WOOL)
- PAJAMAS, SLEEPWEAR
- LONG/THERMAL UNDERWEAR

CLOTHES: CASUAL

- POLOS / T-SHIRTS / CASUAL SHIRTS JEANS
- TANK TOPS
- SHORT SLEEVE SHIRTS

CLOTHES: OUTERWEAR

- RAINCOAT
- SCARF/NECK WARMER
- GLOVES/MITTENS
- CAP/SUN HAT

CLOTHES: DRESSY

- LONG SLEEVE DRESS SHIRTS
- DRESS PANTS/SKIRTS
- DRESSES

ACCESSORIES

- BELT
- SUNGLASSES/CASE/STRAP
- WASH CLOTHING
- COMPACT/MICRO UMBRELLA

TOILETRIES

- TOOTHBRUSH / TOOTHPASTE
- DEODORANT
- TOILETRY BAG
- SUNBLOCK
- BABY WIPES (TOWELETTES)
- SHAVING GEL/FOAM
- RAZOR/ELECTRIC SHAVER
- COTTON SWABS (Q-TIPS)
- NAIL CLIPPERS
- DENTAL FLOSS
- PERFUME/AFTERSHAVE

ELECTRONICS & GADGETS

- ELECTRIC CONVERTERS
- CELL PHONE (+CHARGER)

SHOES

- DRESS SHOES
- WALKING SHOES/SNEAKERS
- HIKING BOOTS
- FLIP-FLOPS/SLIPPERS
- DRESS SANDALS
- HEELS



FEMALE TRAVEL PACKING LIST - SHORT TRIP

HEALTH & MEDICATIONS

- PAIN/ASPIRIN MEDICATION
- PRESCRIPTION MEDICINE
- DIARRHEA MEDICINE
- SUNBURN RELIEF

BEACH/SWIMMING GEAR

- BATHING SUIT
- COVER UP
- BEACH TOWEL

DIVING GEAR

- DIVING CERTIFICATE
- DIVING LOG

LEGEND:

A: WHEN FLYING: LIQUID CONTENTS MORE THAN 100ML (3.4 OUNCES) OF LIQUID/GEL / AEROSOL, CAN'T BE TAKEN IN YOUR CARRY-ON BAGGAGE. PACK IT IN YOUR CHECKED BAGGAGE.